

# Nationally Recognized Dementia Educator, Teepa Snow, Provides Dementia Certifications

Dementia is a progressive brain disease that is projected to affect 13.5 million Americans and 1.2 million Canadians by mid-century. Today, over 5 million Americans are living with the most common form of dementia, Alzheimer's disease, including an estimated 200,000 under the age of 65. By 2050, up to 16 million will have the disease. Family members caring for a spouse, parent, or other loved one with dementia, are at high risk for depression and anxiety, making it difficult or impossible to care for the person affected by dementia.



**You know the diagnosis, now what do you do?** Nationally recognized dementia educator and trainer, Teepa Snow, MS, OTR/L, FAOTA has helped thousands of people by sharing her dementia care philosophy and caregiving techniques. Her training program and book are reflective of her education, work experience, medical research, and first hand caregiving experiences. In addition to her work as an Occupational Therapist and 30 years of experience in Geriatrics, Teepa served as the Director of Education and Lead Trainer for the Eastern N.C. Chapter of the Alzheimer's Association, and as a clinical associate professor at UNC's School of Medicine, Program on Aging. She is an advocate for those living with dementia and has made it her personal mission to help families and professionals better understand how it feels to be living with such challenges and change. Teepa's teaching style integrates facts about the brain and what happens to someone when doing, thinking, reasoning or processing becomes difficult. Her teaching style is unique, entertaining, and energetic. She is a sought after speaker for professional organizations across the United States, Canada, and Australia.



**Leandra Sims** is The Kensington's Positive Approach to Care (PAC) Trainer. She has demonstrated the ability to train others in Teepa Snow's Positive Approach to Care philosophy... teaching awareness, knowledge, and skill development in a classroom, community, or support group setting. Leandra engages the Kensington team and sets the foundation and standard for the use of PAC in our community.

Teepa's Positive Approach™ to Care (PAC) philosophy and care partnering techniques serve as the foundation for all PAC Dementia Certifications. We are proud to follow these skills and techniques at The Kensington to create successful interactions and positive relationships.



**THE KENSINGTON**

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"Latest Facts & Figures Report | Alzheimer's Association." Latest Facts & Figures Report | Alzheimer's Association. N.p., n.d. Web. 30 Oct. 2013.