

Assisted Living Highlights

January 2019

1/8 11:00 am - Residents Council General Meeting

SPECIAL EVENTS

1/3 - Thursday - Pajama Breakfast in the Dining Room from 7:30am to 8:30 am

1/16- Wednesday - Understanding Glaucoma in the Art Gallery from 6pm-7pm

1/17 - Thursday - Adventures with Doug 11-12pm, Cinema

1/22 - Tuesday - Caring For Loved Ones with Dementia in the Art Gallery from 1:00-5:00pm

1/29- Tuesday - Winter Wonderland Birthday Night with Francesca, Piano Bar from 3:30-5:00pm

1/31 - Thursday - Winter Auction in the Cinema from 11-12:00 pm

CLASSES

Mondays and Fridays - 9:45 am - Balance Yoga with Mya in the Art Gallery

Mondays- 2:00pm - Crochet and Knitting Club Class with Cris in the Art Studio

Mondays- 2:00pm - Learn to sew with Sarah in the Art Studio

Mondays and Wednesdays- 3:00 pm- Learn Spanish with Cris in the Art Studio

Thursdays - 2:30 pm - Learning Filipino with Jenny in the Bistro Café

Thursdays 1/10 & 1/24 at 11:15 am - Brain Fitness Program with Garry in the Art Gallery

Thursday 1/10 - 2:00 pm - Discovery Series by Health Pro-”Rusty Hinges” Arthritis in the Cinema

Monday 1/14 - 2:00 pm - Arts & Crafts with Arlene in the Art Studio

Tuesdays 1/15 & 1/29 at 11:15 am - Brain Fitness Program with Garry in the Art Gallery

Thursday 1/17 - 2:30pm- Baking with Cris in the Bistro Cafe

Monday 1/21 - 2pm- Jewelry with Macarena in the Art Studio

Thursday - 1/24 - 2:30pm- Cooking with Jenny in the Bistro Cafe

Thursday - 1/31 - 2pm- Flower Crafts with Marie in the Art Studio

OUTINGS

1/2 - Rose Parade Float Viewing at 11:00 am

1/9 - Descanso Gardens at 11:00 am

1/16 - Annia’s Kitchen Restaurant in El Monte at 11:00 am

1/23 - Langer’s Deli in Los Angeles at 11:00 am

1/30 - Flappy Jacks Restaurant in Glendora at 11:00 am