



THE KENSINGTON

An Assisted Living Community

FALLS CHURCH

Salads

Kensington "Falls Church" Salad

Mixed greens salad with caramelized walnuts, endive and tomato

Caesar Salad

Classic Caesar salad, reggiano cheese, anchovy, Caesar dressing

Caprese Salad

Sliced tomato with fresh mozzarella laced with light basil dressing

Sandwiches

Roast beef and Brie tucked in mini multigrain bread

Oven-roasted turkey with provolone cheese on ciabatta roll

Albacore tuna salad on whole-wheat toast

~All sandwiches are served with choice of chips or fruit~

Entrees

Salmon a la Kensington "Falls Church"

Salmon crusted with sesame served over vegetables and starch of the day

Broad Street Shrimp Scampi

Large shrimp sautéed in our light sauce served over buttered capellini & vegetables

Chicken Paillard

*Marinated tenderized chicken breast sautéed with lemon juice olive oil sauce
served over vegetables and Potatoes*

Petite Filet Mignon

Petite filet served over demi-glace sauce with vegetables and starch of the day

Four season Lasagna

Vegetarian lasagna topped with marinara sauce and served with garlic bread

Desserts

Ice Cream & Sorbet

Choices of Vanilla, Chocolate, Strawberry, Lemon Sorbet, Orange Sorbet

Pastries

Our Pastry Chef Molly Dominick has created an arrangement of sweets especially for you

Executive Chef Samir Labriny