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Museum Visits

Renwick Gallery:
August 10th

National Gallery of Art, East Building:
August 16th



August 24



Lunch Outing to La Côte D'Or

9:30 Morning Walk
10:00 Exercise (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
1:30 Board & Card Games (CAF)
2:00 Matinee: Activities' Choice (C)
2:30 Knitting Club (CAF)
2:30 Ladies Tea (CAF)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Katie (CAF)
6:45 Evening Film: Classic (C)

1

9:30 Weekly Pruning of Plants & Flowers (Piazza)
9:30 Morning Walk
10:00 Tai Chi with Lindsay (C)
10:30 Staying Sharp (C)
10:30 Summer Breeze Concert Series: Broadway (Concierge)
11:00 Today's News (L)
11:15 Interesting News in SCIENCE w/ Dr. Earley (C)
11:30 Bridge at The Broadway (Broadway Library)
1:30 Board & Card Games (CAF)
2:00 Matinee: Family Classic TV Show (C)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Live Music (CAF)
6:45 Evening Film: Drama (C)

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STEVEN A. BIRTHDAY
9:30 Morning Walk
10:00 Chair Yoga w/ Gale on AL (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
1:30 French Club (CAF)
1:30 Board & Card Games (CAF)
2:00 Matinee: Science Documentary (C)
2:30 Trivia & Brain Teasers (L)
2:30 Paint & Relax (CAF)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Bill (CAF)
6:45 Evening Film: Resident Choice (C)

3

9:30 Morning Walk
9:30 Catholic Rosary with Katie (L)
10:30 Energized Fitness for Parkinsons (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
11:00 Trivia & Brain Teasers (L)
1:30 Board & Card Games (CAF)
2:00 Matinee: Travel Documentary (C)
2:00 First Friday Music with Kate (L)
2:00 Nails & Hand Massage (CAF)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Live Music (CAF)
6:45 Evening Film: Comedy (C)

4

9:30 Morning Walk
10:00 Body & Mind Exercise w/Linda (C)
11:00 Falls Church Farmer's Market followed by Scenic Drive (Concierge)
1:30 Board & Card Games (CAF)
2:00 Matinee: Romance (C)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
3:30 Saturday Sundaes & Root Beer Floats (CAF)
4:00 Happy Hour Cocktails & Live Music (CAF)
6:45 Evening Film: Classic (C)
7:30 Creative Cauldron Performance "Somewhere Over the Rose" with Kathy Halenda (Creative Cauldron)

5

9:30 Morning walk
9:30 Mass or Church Services Shuttle (Concierge Desk)
11:00 Weekly Champagne Brunch (DR)
1:30 Board & Card Games (CAF)
2:00 Nails & Hand Massage (CAF)
2:00 Matinee: Science Documentary (C)
2:30 Trivia & Brain Teasers (L)
4:00 Happy Hour Cocktails & Music with The Piano Man (CAF)
6:45 Evening Film: Resident Choice (C)

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9:30 Morning walk
10:00 Exercise Club w/ Genesis (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
1:30 Board & Card Games (CAF)
1:30 MONDAY DMV AT AMERICAN LEGION & Shoppers Shuttle (Concierge Desk)
2:00 Matinee: Travel Documentary (C)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Bill (CAF)
6:45 Evening Film: Romantic Comedy (C)

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WILLIAM L. BIRTHDAY
JUDITH O. BIRTHDAY
9:30 Morning Walk
10:00 Exercise (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
1:30 Book Club (L)
1:30 Board & Card Games (CAF)
2:00 Matinee: Activities' Choice (C)
2:30 Knitting Club (CAF)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Katie (CAF)
6:45 Evening Film: Classic (C)

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9:30 Weekly Pruning of Plants & Flowers (Piazza)
9:30 Morning Walk
10:00 Tai Chi with Lindsay (C)
10:30 Staying Sharp (C)
10:30 Summer Breeze Concert Series: Jazz (Concierge)
11:00 Today's News (L)
11:15 Interesting News in SCIENCE w/ Dr. Earley (C)
11:30 Bridge at The Broadway (Broadway Library)
1:30 Board & Card Games (CAF)
2:00 Matinee: Family Classic TV Show (C)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Bob Clark (CAF)
6:45 Evening Film: Drama (C)

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9:30 Morning Walk
10:00 Chair Yoga w/ Gale on AL (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
11:00 Renwick Gallery "Highlights" Tour (Concierge)
1:30 French Club (CAF)
1:30 Board & Card Games (CAF)
2:00 Matinee: Science Documentary (C)
2:30 Trivia & Brain Teasers (L)
2:30 Paint & Relax (CAF)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Bill (CAF)
6:45 Evening Film: Resident Choice (C)

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9:30 Morning Walk
9:30 Catholic Rosary with Katie (L)
10:30 Energized Fitness for Parkinsons (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
11:00 Trivia & Brain Teasers (L)
11:30 Take-Out Day (CAF & Piazza)
1:30 Board & Card Games (CAF)
2:00 Matinee: Travel Documentary (C)
2:00 Nails & Hand Massage (CAF)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Dave the Accordion Man (CAF)
6:45 Evening Film: Comedy (C)

11

9:30 Morning Walk
10:00 Body & Mind Exercise w/Linda (C)
11:00 Falls Church Farmer's Market followed by Scenic Drive (Concierge)
1:30 Board & Card Games (CAF)
2:00 Matinee: Romance (C)
2:00 Fundraiser for Washington Children's Shelter -- Buy a Rabbit! (Cafe)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
3:30 Saturday Sundaes & Root Beer Floats (CAF)
4:00 Happy Hour Cocktails & Live Music (CAF)
6:45 Evening Film: Classic (C)

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9:30 Morning walk
9:30 Mass or Church Services Shuttle (Concierge Desk)
11:00 Weekly Champagne Brunch (DR)
1:30 Board & Card Games (CAF)
2:00 Nails & Hand Massage (CAF)
2:00 Matinee: Science Documentary (C)
2:30 Trivia & Brain Teasers (L)
4:00 Happy Hour Cocktails & Live Music (CAF)
6:45 Evening Film: Resident Choice (C)

13

9:30 Morning walk
10:00 Exercise Club w/ Genesis (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
11:00 Health Lecture with Genesis (C)
1:30 Board & Card Games (CAF)
1:30 Monday Shoppers Shuttle (Concierge Desk)
2:00 Matinee: Travel Documentary (C)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Suzuki Violin Students (CAF)
6:45 Evening Film: Romantic Comedy (C)

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DOUG K. BIRTHDAY
9:30 Morning Walk
10:00 Exercise (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
1:30 Natalie's Coffee Making & Tasting Seminar (C)
1:30 Board & Card Games (CAF)
2:00 Matinee: Activities' Choice (C)
2:30 Knitting Club (CAF)
2:30 Ladies Tea (CAF)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Katie (CAF)
6:45 Evening Film: Classic (C)

15

9:00 Men's Round Table Breakfast Club with Tahar (DR)
9:30 Weekly Pruning of Plants & Flowers (Piazza)
9:30 Morning Walk
10:00 Tai Chi with Lindsay (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
11:30 Bridge at The Broadway (Broadway Library)
12:30 National Gallery of Art East Building Tour
1:30 Board & Card Games (CAF)
2:00 Matinee: Family Classic TV Show (C)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Ernie Tolley (CAF)
6:45 Evening Film: Drama (C)

16

9:30 Morning Walk
10:00 Chair Yoga w/ Gale on AL (C)
10:30 Couch Potato with Adele: GREECE (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
11:30 BI-MONTHLY RESIDENT/DIRECTOR LUNCH (DR)
1:30 French Club (CAF)
1:30 Board & Card Games (CAF)
2:00 Matinee: Science Documentary (C)
2:30 Trivia & Brain Teasers (L)
2:30 Paint & Relax (CAF)
3:00 Aphrodite's Music History Lecture Series (Concierge)
4:00 Happy Hour Cocktails & Music (CAF)
6:45 Evening Film: Resident Choice (C)

17

9:30 Morning Walk
9:30 Catholic Rosary with Katie (L)
10:30 Energized Fitness for Parkinsons (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
11:00 Trivia & Brain Teasers (L)
1:30 Board & Card Games (CAF)
2:00 Matinee: Travel Documentary (C)
2:00 Nails & Hand Massage (CAF)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Nashville Standard (CAF)
6:45 Evening Film: Comedy (C)

18

National Aviation Day
9:30 Morning Walk
10:00 Body & Mind Exercise w/Linda (C)
11:00 VOLUNTEER ORIENTATION (C)
11:00 Falls Church Farmer's Market followed by Scenic Drive (Concierge)
1:30 Board & Card Games (CAF)
2:00 Matinee: Romance (C)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
3:30 Saturday Sundaes & Root Beer Floats (CAF)
4:00 Happy Hour Cocktails & Live Music (CAF)
6:45 Evening Film: Classic (C)
7:30 Creative Cauldron Performance "Sedaka" with Jim Van Slyke (Creative Cauldron)

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SHIRLEY E. BIRTHDAY
9:30 Morning walk
9:30 Mass or Church Services Shuttle (Concierge Desk)
11:00 Weekly Champagne Brunch (DR)
1:30 Board & Card Games (CAF)
2:00 Nails & Hand Massage (CAF)
2:00 Matinee: Science Documentary (C)
2:30 Trivia & Brain Teasers (L)
4:00 Happy Hour Cocktails & Live Music (CAF)
6:45 Evening Film: Resident Choice (C)

20

Senior Citizens Day
9:30 Morning walk
10:00 Exercise Club w/ Genesis (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
1:30 Board & Card Games (CAF)
1:30 Monday Shoppers Shuttle (Concierge Desk)
2:00 Matinee: Travel Documentary (C)
2:30 Trivia & Brain Teasers (L)
2:30 Computer Club (L)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Bill (CAF)
6:45 Evening Film: Romantic Comedy (C)

21

9:30 Morning Walk
10:00 Exercise (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
1:30 NEW RESIDENT ORIENTATION (C)
1:30 Board & Card Games (CAF)
2:00 Matinee: Activities' Choice (C)
2:30 Knitting Club (CAF)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Katie (CAF)
6:45 Evening Film: Classic (C)

22

9:30 Weekly Pruning of Plants & Flowers (Piazza)
9:30 Morning Walk
9:30 Wednesday Morning Movie Outing (Concierge)
10:00 Tai Chi with Lindsay (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
11:30 Bridge at The Broadway (Broadway Library)
1:30 Floral & Garden Design Club (CAF)
1:30 Board & Card Games (CAF)
2:00 Matinee: Family Classic TV Show (C)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
3:00 Culinary Club with Chef (CAF)
4:00 Executive Director Reception & Music with Dave the Accordion Man (Café & Piano Lounge)
6:45 Evening Film: Drama (C)

23

9:30 Morning Walk
10:00 Chair Yoga w/ Gale on AL (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
11:30 Lunch Outing: La Cote D'Or (Concierge)
1:30 French Club (CAF)
1:30 Board & Card Games (CAF)
2:00 MONTHLY RESIDENT COUNCIL MEETING (C)
2:00 Matinee: Science Documentary (C)
2:30 Trivia & Brain Teasers (L)
2:30 Paint & Relax (CAF)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Bill (CAF)
6:45 Evening Film: Resident Choice (C)

24

9:30 Morning Walk
9:30 Catholic Rosary with Katie (L)
10:30 Energized Fitness for Parkinsons (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
11:00 Trivia & Brain Teasers (L)
1:30 Board & Card Games (CAF)
2:00 Matinee: Travel Documentary (C)
2:00 Nails & Hand Massage (CAF)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Live Music (CAF)
6:45 Evening Film: Comedy (C)

25

Women's Equality Day
9:30 Morning Walk
10:00 Body & Mind Exercise w/Linda (C)
11:00 Falls Church Farmer's Market followed by Scenic Drive (Concierge)
1:30 Board & Card Games (CAF)
2:00 Matinee: Romance (C)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
3:30 Saturday Sundaes & Root Beer Floats (CAF)
4:00 Happy Hour Cocktails & Live Music (CAF)
6:45 Evening Film: Classic (C)
7:30 Creative Cauldron Performance "Life: As I Sing It" with Clifton Walker (Creative Cauldron)

26

9:30 Morning walk
9:30 Mass or Church Services Shuttle (Concierge Desk)
11:00 Weekly Champagne Brunch (DR)
1:30 Board & Card Games (CAF)
2:00 Nails & Hand Massage (CAF)
2:00 Matinee: Science Documentary (C)
2:30 Trivia & Brain Teasers (L)
4:00 Happy Hour Cocktails & Live Music (CAF)
6:45 Evening Film: Resident Choice (C)

27

9:30 Morning walk
10:00 Exercise Club w/ Genesis (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
11:00 Health Lecture with Genesis (C)
1:30 Board & Card Games (CAF)
1:30 Monday Shoppers Shuttle (Concierge Desk)
2:00 Matinee: Travel Documentary (C)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Bill (CAF)
6:45 Evening Film: Romantic Comedy (C)

28

9:30 Morning Walk
10:00 Exercise (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
1:30 Board & Card Games (CAF)
2:00 Matinee: Activities' Choice (C)
2:30 Knitting Club (CAF)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music with Bob Clark (CAF)
6:45 Evening Film: Classic (C)

29

9:30 Weekly Pruning of Plants & Flowers (Piazza)
9:30 Morning Walk
10:00 Tai Chi with Lindsay (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
11:00 Dedication of Veteran's Wall by Congressman Don Beyer followed by Luncheon Honoring Veterans (Main Hallway Second Floor)
11:30 Bridge at The Broadway (Broadway Library)
12:30 Luncheon Honoring Kensington Veterans (Main Dining Room)
1:30 Board & Card Games (CAF)
2:00 Matinee: Family Classic TV Show (C)
2:00 Ballgame at Nationals Park (Concierge)
2:30 Trivia & Brain Teasers (L)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour Cocktails & Music (CAF)
6:45 Evening Film: Drama (C)

30

9:30 Morning Walk
10:00 Chair Yoga w/ Gale on AL (C)
10:30 Staying Sharp (C)
11:00 Today's News (L)
1:30 French Club (CAF)
1:30 Board & Card Games (CAF)
2:00 Matinee: Science Documentary (C)
2:30 Trivia & Brain Teasers (L)
2:30 Paint & Relax (CAF)
3:00 Afternoon Walk (Concierge)
4:00 Happy Hour AUGUST BIRTHDAY CELEBRATION & Music with Bill (CAF)
6:45 Evening Film: Resident Choice (C)

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ROOM KEY
CAF - Café
C - Cinema
DR - Dining Room
L - Library

August 30



Take Me Out to the Ballgame!

August 2017
Assisted Living Calendar
Please see DAILY SCHEDULE for any updates!

