




SUN	MON	TUE	WED	THUR	FRI	SAT
MARJORIE R. BIRTHDAY 30 9:30 Morning walk 9:30 Mass or Church Services Shuttle (Concierge Desk) 11:00 Weekly Champagne Brunch (DR) 1:30 Board & Card Games (Cafe) 2:00 Nails & Hand Massage (B) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 4:00 Happy Hour Cocktails & Music (Cafe) 6:45 Evening Film: Resident Choice (C)	MIRIAM G. BIRTHDAY 31 9:30 Morning walk 10:00 Exercise Club w/ Genesis (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 Board & Card Games (Cafe) 1:30 Monday Shoppers Shuttle (Concierge Desk) 2:00 Matinee: Travel Documentary (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music (Cafe) 6:45 Evening Film: Romantic Comedy (C)	July 4  INDEPENDENCE DAY	July 15  NATIONAL ICE CREAM DAY	"In summer, the song sings itself." 	ROOM KEY B - Bistro C - Cinema DR - Dining Room L - Library PL - Piano Lounge	1 9:30 Morning Walk 10:00 Body & Mind Exercise w/ Linda (C) 11:00 Falls Church Farmer's Market followed by Scenic Drive (Concierge) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Romance (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 3:00 Saturday Sundaes & Root Beer Floats (Cafe) 4:00 Happy Hour Cocktails & Music (Cafe) 6:45 Evening Film: Classic (C)
2 9:30 Morning walk 9:30 Mass or Church Services Shuttle (Concierge Desk) 11:00 Weekly Champagne Brunch (DR) 1:30 Board & Card Games (Cafe) 2:00 Nails & Hand Massage (B) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 4:00 Happy Hour Cocktails & The Piano Man (Cafe) 6:45 Evening Film: Resident Choice (C)	3 9:30 Morning walk 10:00 Exercise Club w/ Genesis (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 Board & Card Games (Cafe) 1:30 Monday Shoppers Shuttle (Concierge Desk) 2:00 Matinee: Travel Documentary (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Bill (Cafe) 6:45 Evening Film: Romantic Comedy (C)	INDEPENDENCE DAY 4 9:30 Morning Walk 10:00 Exercise (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 Book Club (L) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Surprise Selection (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 4TH OF JULY CELEBRATION PICNIC with Guitar Sing-a-Long & Dance (Cafe) 6:45 Evening Film: Classic (C)	5 9:30 Weekly Pruning of Plants & Flowers (Piazza) 9:30 Morning Walk 10:00 Exercise Club w/ Genesis (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 "News in SCIENCE" discussion with Dr. Earley (C) 11:30 Bridge at The Broadway (Broadway Library) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Family Classic TV Show (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music (Cafe) 6:45 Evening Film: Drama (C)	6 CYNTHIA R. BIRTHDAY 9:30 Morning Walk 10:00 Chair Yoga w/ Gale on AL (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 French Club (Cafe) 1:30 Docent's Choice Tour: National Portrait Gallery (Concierge) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Bill (Cafe) 6:45 Evening Film: Resident Choice (C)	7 9:30 Morning Walk 9:30 Catholic Rosary w/ Katie (ConnLR) 10:30 Energized Fitness for Parkinsons (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 Trivia & Brain Teasers (L) 1:30 Board & Card Games (Cafe) 2:00 First Friday Music with Kate (L) 2:00 Matinee: Travel Documentary (C) 3:00 Afternoon Walk (Concierge) 4:00 SWING DANCE Happy Hour: TBD (Cafe) 6:45 Evening Film: Comedy (C)	8 9:30 Morning Walk 10:00 Body & Mind Exercise w/ Linda (C) 11:00 Falls Church Farmer's Market followed by Scenic Drive (Concierge) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Romance (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 3:00 Saturday Sundaes & Root Beer Floats (Cafe) 4:00 Happy Hour Cocktails & Music (Cafe) 6:45 Evening Film: Classic (C)
9 9:30 Morning walk 9:30 Mass or Church Services Shuttle (Concierge Desk) 11:00 Weekly Champagne Brunch (DR) 1:30 Board & Card Games (Cafe) 2:00 Nails & Hand Massage (B) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 4:00 Happy Hour Cocktails & Music (Cafe) 6:45 Evening Film: Resident Choice (C)	10 9:30 Morning walk 10:00 Exercise Club w/ Genesis (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 Health Lecture with Genesis (C) 1:30 Board & Card Games (Cafe) 1:30 Monday Shoppers Shuttle (Concierge Desk) 2:00 Matinee: Travel Documentary (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Bill (Cafe) 6:45 Evening Film: Romantic Comedy (C)	11 9:30 Morning Walk 10:00 Exercise (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 Jon Wiant Lecture: 60 Years of Secret War with Cuba (C) 1:30 Board & Card Games (Cafe) 1:30 NEW RESIDENT ORIENTATION (C) 2:00 Matinee: Surprise Selection (C) 2:30 Trivia & Brain Teasers (L) 2:30 Ladies Tea (B) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music (Cafe) 6:45 Evening Film: Classic (C)	12 9:30 Weekly Pruning of Plants & Flowers (Piazza) 9:30 Morning Walk 10:00 Exercise Club w/ Genesis (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 "News in SCIENCE" discussion with Dr. Earley (C) 11:30 Bridge at The Broadway (Broadway Library) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Family Classic TV Show (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music (Cafe) 6:45 Evening Film: Drama (C)	13 KEITH M. BIRTHDAY 9:30 Morning Walk 10:00 Chair Yoga w/ Gale on AL (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:30 Hirshhorn Museum Highlights Tour (Concierge) 1:30 French Club (Cafe) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Bill (Cafe) 6:45 Evening Film: Resident Choice (C)	14 9:30 Morning Walk 9:30 Catholic Rosary w/ Katie (ConnLR) 10:30 Energized Fitness for Parkinsons (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 Trivia & Brain Teasers (L) 1:30 Board & Card Games (Cafe) 1:30 MOBILE DMV --Please Sign Up (Concierge) 2:00 Matinee: Travel Documentary (C) 3:00 Afternoon Walk (Concierge) 4:00 SOCK HOP Happy Hour (Cafe) 6:45 Evening Film: Comedy (C)	15 NATIONAL ICE CREAM DAY DOROTHY M. BIRTHDAY 9:30 Morning Walk 10:00 Body & Mind Exercise w/Linda (C) 11:00 VOLUNTEER ORIENTATION (C) 11:00 Falls Church Farmer's Market followed by Scenic Drive (Concierge) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Romance (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 3:00 Midsummer Ice Cream Party (Piazza) 4:00 Happy Hour Cocktails & Music (Cafe) 6:45 Evening Film: Classic (C)
16 9:30 Morning walk 9:30 Mass or Church Services Shuttle (Concierge Desk) 11:00 Weekly Champagne Brunch (DR) 1:30 Board & Card Games (Cafe) 2:00 Nails & Hand Massage (B) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 4:00 Happy Hour Cocktails & Music (Cafe) 6:45 Evening Film: Resident Choice (C)	17 9:30 Morning walk 10:00 Exercise Club w/ Genesis (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 Board & Card Games (Cafe) 1:30 Monday Shoppers Shuttle (Concierge Desk) 2:00 Matinee: Travel Documentary (C) 2:30 Trivia & Brain Teasers (L) 2:30 Computer Club (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music (Cafe) 6:45 Evening Film: Romantic Comedy (C)	18 9:30 Morning Walk 10:00 Exercise (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 Book Club (L) 1:30 Board & Card Games (Cafe) 1:30 Cole Porter Lecture & Performance 2:00 Matinee: Surprise Selection (C) 2:30 Ladies Tea (Cafe) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour: The Roaring 20s (Cafe) 6:45 Evening Film: Classic (C)	19 9:30 Weekly Pruning of Plants & Flowers (Piazza) 9:30 Morning Walk 9:30 Wednesday Morning Movie Outing (Concierge) 10:00 Exercise Club w/ Genesis (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 Floral & Garden Design Club (Cafe) 11:30 Bridge at The Broadway (Broadway Library) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Family Classic TV Show (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Ernie Tolley (Cafe) 6:45 Evening Film: Drama (C)	20 9:30 Morning Walk with Dora 10:00 Chair Yoga w/ Gale on AL (C) 10:30 Staying Sharp with Danielle (C) 11:00 Today's News (L) 11:00 Couch Potato Travels with Adele: FRANCE 1:30 French Club (Cafe) 1:30 PENDING: "Kensington First View" Tour of Falls Church Arts exhibits (Falls Church Art Studio) 1:30 Board & Card Games (Cafe) 2:00 BOOK CLUB with the Broadway (502 West Broadway Library) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 3:00 CANCELLED THIS MONTH -- Aphrodite's Music History Lecture Series (PL) 4:00 Happy Hour Cocktails & Music with Bill (Cafe) 6:45 Evening Film: Resident Choice (C)	21 9:30 Morning Walk 9:30 Catholic Rosary w/ Katie (ConnLR) 10:30 Energized Fitness for Parkinsons (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 Trivia & Brain Teasers (L) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Travel Documentary (C) 3:00 Afternoon Walk (Concierge) 4:00 SALSA DANCE Happy Hour (Cafe) 6:45 Evening Film: Comedy (C)	22 9:30 Morning Walk 10:00 Body & Mind Exercise w/Linda (C) 11:00 Falls Church Farmer's Market followed by Scenic Drive (Concierge) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Romance (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 3:00 Saturday Sundaes & Root Beer Floats (Cafe) 4:00 Cocktails & Nashville Standard Guitar Hour with Alex (Cafe) 6:45 Evening Film: Classic (C)
23 9:30 Morning walk 9:30 Mass or Church Services Shuttle (Concierge Desk) 11:00 Weekly Champagne Brunch (DR) 1:30 Board & Card Games (Cafe) 2:00 Nails & Hand Massage (B) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 4:00 Happy Hour Cocktails & Music (Cafe) 6:45 Evening Film: Resident Choice (C)	24 9:30 Morning walk 10:00 Exercise Club w/ Genesis (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 Health Lecture with Genesis (C) 1:30 Board & Card Games (Cafe) 1:30 Monday Shoppers Shuttle (Concierge Desk) 2:00 Matinee: Travel Documentary (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Bill (Cafe) 6:45 Evening Film: Romantic Comedy (C)	25 9:30 Morning Walk 10:00 Exercise (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Surprise Selection (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour: Back to the 70s (Cafe) 6:45 Evening Film: Classic (C)	26 9:00 Men's Breakfast Club with Tahar (DR) 9:30 Weekly Pruning of Plants & Flowers (Piazza) 9:30 Morning Walk 10:00 Exercise Club w/ Genesis (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:30 Bridge at The Broadway (Broadway Library) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Family Classic TV Show (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 3:30 Culinary Club with Chef (Cafe) 4:00 Happy Hour Cocktails & Music (Cafe) 6:45 Evening Film: Drama (C)	27 9:30 Morning Walk 10:00 Chair Yoga w/ Gale on AL (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 French Club (Cafe) 1:30 Board & Card Games (Cafe) 2:00 RESIDENT COUNCIL MEETING (C) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Bob Clarke (Cafe) 6:45 Evening Film: Resident Choice (C)	28 9:30 Morning Walk 9:30 Catholic Rosary w/ Katie (ConnLR) 10:30 Energized Fitness for Parkinsons (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 Trivia & Brain Teasers (L) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Travel Documentary (C) 3:00 Afternoon Walk (Concierge) 4:00 TANGO Happy Hour: TBD (Cafe) 6:45 Evening Film: Comedy (C)	29 9:30 Morning Walk 10:00 Body & Mind Exercise w/Linda (C) 11:00 Falls Church Farmer's Market followed by Scenic Drive (Concierge) 1:30 Board & Card Games (Cafe) 2:00 Matinee: Romance (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 3:00 Saturday Sundaes & Root Beer Floats (Cafe) 4:00 July Birthdays Happy Hour & Music (Cafe) 6:45 Evening Film: Classic (C)

July 2017

Assisted Living Calendar

Please see DAILY SCHEDULE for any updates!