



# January 2018

The Kensington Sierra Madre  
245 Sierra Madre Blvd  
Sierra Madre, CA  
(626) 355-5700

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Location Key</b> <i>HP</i> — Haven Patio <i>AR</i> — Haven Activities Room <i>DR</i> —Haven Dining Room <i>LR</i> —Haven Living Room <i>CLR</i> —Connections Living Room <i>CAR</i> — Connections Activity Room <i>CN</i> —Cinema <i>PB</i> —Piano Bar	9:00 Morning News Chat (HP) <sup>1</sup> 10:00 SingAlong with ElderSong (AR) 11:00 Bocce Ball Tournament (AR) <b>11:00 Yoga Madre - ChairYoga</b> (CAR) 11:30 Chair Soccer (AR) 1:30 Haven Card Sharks (DR) 2:00 Puzzles and Ponderings (DR) 2:30 Team Trivia Time (AR) <b>3:00 Music Therapy w/ Angela</b> (CLR) 4:00 Poetry on the Patio (HP) 6:00 Evening Classic Theatre (LR)	9:00 Morning Meeting (HP) <sup>2</sup> 9:30 Haven Country Classics (AR) <b>10:30 Genesis Twist n’ Stretch</b> (CAR) <b>10:30 Outing - Rose Float Viewing</b> 11:00 Parachute Ball Bounce (AR) 1:30 Hand Massage & Manicure (DR) 2:30 Team Building Time (DR) <b>3:00 Range of Motion Exercises</b> <b>3:30 Melodic Strings with Jon</b> (CLR) 4:00 Haven Herb Harvest (HP) 6:00 Easy Listening Evening Jazz (LR)	9:00 Daily Chronicles (HP) <sup>3</sup> 10:00 ElderSong SingAlong (AR) <b>10:30 Songs by Heart</b> (PB) 11:00 Floor Basketball Game (AR) 11:30 Refresh and Revive (AR) 1:30 After Lunch Matinee (LR) 1:30 Hand Massage & Manicure (DR) 2:00 Care package Crocheting (AR) <b>3:00 Francesca’s Opera Theatre</b> (PB) 4:00 Puzzles and Ponderings (DR) <b>6:30 Sing Along with Angela</b> (CLR)	9:00 Current Events (HP) <sup>4</sup> 10:00 50’s Favorites SingAlong (AR) <b>10:30 Genesis Twist N’ Stretch</b> (CAR) 11:00 Frisbee Golf (AR) 11:00 Haven Reading Club (DR) 1:30 Team Trivia Time (DR) 2:00 Afternoon Arts and Artists (DR) 2:30Sweets and Treats Baking (HD) <b>3:00 Heavenly Harp with Andra</b> (CLR) 4:00 Puzzles and Ponderings (DR) 6:30 After Dinner Matinee (LR)	9:00 Morning Meeting (HP) <sup>5</sup> 9:30 Singing in the Morning Sun(AR) 10:30 Artist Spotlight (LR) 11:00 Balloon Baseball (AR) 11:00 Refresh and Revive (AR) 1:30 Afternoon Musical Matinee (LR) 2:00 Puzzles and Ponderings (DR) 2:30 Haven Reading Group (DR) 3:00 Afternoon Poetry (DR) <b>4:00 Accordion Hour w/ Helen</b> (CLR) 6:30 Classic Ballets (LR)	9:00 News and Mountain Views (HP) 9:30 Haven Choir (AR) 10:30 Kensington Horse Race (AR) 11:00 Board Games and Cards (DR) 11:00 Team Floor Bucketball (AR) 1:30 Afternoon of Classic Theatre(LR) 2:00 Team Building Time (AR) <b>4:00 Drum Circle with Sean</b> (CLR) 4:00 Coupon Clipping Club (DR) 6:30 Great Symphonies of the World
9:00 Current Events ( <i>HP</i> ) <sup>7</sup> <b>9:30 Prayer Service</b> ( <i>PB</i> ) <b>9:45 St. Rita’s Catholic Mass</b> 10:00 Songs of the Spirit ( <i>AR</i> ) 10:30 Fresh Fruit and Hydration ( <i>AR</i> ) <b>10:45 Eucharistic Ministry</b> (PB) 11:00 Balloon Toss ( <i>AR</i> ) 1:30 Nature Exploration Club (AR) 3:00 Haven High Tea Party (DR) <b>4:00 Armando’s 50s Lounge</b> (PB) 6:00 Sunday Movie and Popcorn (LR)	9:00 Morning News Chat (HP) <sup>8</sup> 10:00 SingAlong with ElderSong (AR) 11:00 Bocce Ball Tournament (AR) <b>11:00 Yoga Madre - ChairYoga</b> (CAR) 11:30 Chair Soccer (AR) 1:30 Haven Card Sharks (DR) 2:00 Puzzles and Ponderings (DR) 2:30 Team Trivia Time (AR) <b>3:00 Music Therapy w/ Angela</b> (CLR) 4:00 Poetry on the Patio (HP) 6:00 Evening Classic Theatre (LR)	9:00 Morning Meeting (HP) <sup>9</sup> 9:30 Haven Country Classics (AR) <b>10:30 Genesis Twist n’ Stretch</b> (CAR) <b>10:30 Outing - El Monte Airport</b> 11:00 Parachute Ball Bounce (AR) 1:30 Hand Massage & Manicure (DR) 2:30 Team Building Time (DR) <b>3:00 Range of Motion Exercises</b> <b>3:30 Elvis: Return of the King</b> (CLR) 4:00 Haven Herb Harvest (HP) 6:00 Easy Listening Evening Jazz (LR)	9:00 Daily Chronicles (HP) <sup>10</sup> 10:00 ElderSong SingAlong (AR) <b>10:30 Songs by Heart</b> (PB) 11:00 Floor Basketball Game (AR) 11:30 Refresh and Revive (AR) 1:30 After Lunch Matinee (LR) 1:30 Hand Massage & Manicure (DR) 2:00 Care package Crocheting (AR) <b>3:00 Elvis: The King Returns:</b> (HLR) 4:00 Puzzles and Ponderings (DR) <b>6:30 Sing Along with Angela</b> (CLR)	9:00 Current Events (HP) <sup>11</sup> 10:00 50’s Favorites SingAlong (AR) <b>10:30 Genesis Twist N’ Stretch</b> (CAR) 11:00 Frisbee Golf (AR) 11:00 Haven Reading Club (DR) 1:30 Team Trivia Time (DR) 2:00 Afternoon Arts and Artists (DR) 2:30Sweets and Treats Baking (HD) <b>3:00 Heavenly Harp with Andra</b> (CLR) 4:00 Puzzles and Ponderings (DR) 6:30 After Dinner Matinee (LR)	9:00 Morning Meeting (HP) <sup>12</sup> 9:30 Singing in the Morning Sun(AR) 10:30 Artist Spotlight (LR) 11:00 Balloon Baseball (AR) 11:00 Refresh and Revive (AR) 1:30 Afternoon Musical Matinee (LR) 2:00 Puzzles and Ponderings (DR) 2:30 Haven Reading Group (DR) 3:00 Afternoon Poetry (DR) <b>4:00 Accordion Hour w/ Helen</b> (CLR) 6:30 Classic Ballets (LR)	9:00 News and Mountain Views(HP) 9:30 Haven Choir (AR) 10:30 Kensington Horse Race (AR) 11:00 Board Games and Cards (DR) 11:00 Team Floor Bucketball (AR) 1:30 Afternoon of Classic Theatre(LR) 2:00 Team Building Time (AR) <b>2:30 Range of Motion Exercises</b> <b>3:00 Kensington Sing Along</b> CLR) 4:00 Coupon Clipping Club (DR) 6:30 Great Symphonies of the World
9:00 Current Events ( <i>HP</i> ) <sup>14</sup> <b>9:30 Prayer Service</b> ( <i>PB</i> ) <b>9:45 St. Rita’s Catholic Mass</b> 10:00 Songs of the Spirit ( <i>AR</i> ) 10:30 Fresh Fruit and Hydration ( <i>AR</i> ) <b>10:45 Eucharistic Ministry</b> (PB) 11:00 Balloon Toss ( <i>AR</i> ) 1:30 Nature Exploration Club (AR) 3:00 Haven High Tea Party (DR) <b>4:00 Armando’s 50s Lounge</b> (PB) 6:00 Sunday Movie and Popcorn (LR)	9:00 Morning News Chat (HP) <sup>15</sup> 10:00 SingAlong with ElderSong (AR) 11:00 Bocce Ball Tournament (AR) <b>11:00 Yoga Madre - ChairYoga</b> (CAR) 11:30 Chair Soccer (AR) 1:30 Haven Card Sharks (DR) 2:00 Puzzles and Ponderings (DR) 2:30 Team Trivia Time (AR) <b>3:00 Music Therapy w/ Angela</b> (CLR) 4:00 Poetry on the Patio (HP) 6:00 Evening Classic Theatre (LR)	9:00 Morning Meeting (HP) <sup>16</sup> 9:30 Haven Country Classics (AR) <b>10:30 Genesis Twist n’ Stretch</b> (CAR) <b>10:30 Outing - The Arboretum</b> 11:00 Parachute Ball Bounce (AR) 1:30 Hand Massage & Manicure (DR) 2:30 Team Building Time (DR) <b>3:00 Range of Motion Exercises</b> <b>3:30 Melodic Strings with Jon</b> (CLR) 4:00 Haven Herb Harvest (HP) 6:00 Easy Listening Evening Jazz (LR)	9:00 Daily Chronicles (HP) <sup>17</sup> 10:00 ElderSong SingAlong (AR) <b>10:30 Songs by Heart</b> (PB) 11:00 Floor Basketball Game (AR) 11:30 Refresh and Revive (AR) 1:30 After Lunch Matinee (LR) 1:30 Hand Massage & Manicure (DR) 2:00 Care Package Crocheting (AR) <b>3:00 Francesca’s Opera Theatre</b> (PB) 4:00 Puzzles and Ponderings (DR) <b>6:30 Sing Along with Angela</b> (CLR)	9:00 Current Events (HP) <sup>18</sup> 10:00 50's Favorites SingAlong (AR) <b>10:30 Genesis Twist N’ Stretch</b> (CAR) 11:00 Frisbee Golf (AR) 11:00 Haven Reading Club (DR) <b>11:00 Adventures with Doug</b> ( <i>CN</i> ) 1:30 Team Trivia Time (DR) 2:30 Sweets and Treats Baking (HD) <b>3:00 Heavenly Harp with Andra</b> CLR) 4:00 Puzzles and Ponderings (DR) 6:30 After Dinner Matinee (LR)	9:00 Morning Meeting (HP) <sup>19</sup> 9:30 Singing in the Morning Sun(AR) 10:30 Artist Spotlight (LR) 11:00 Balloon Baseball (AR) 11:00 Refresh and Revive (AR) 1:30 Afternoon Musical Matinee (LR) 2:00 Puzzles and Ponderings (DR) 2:30 Haven Reading Group (DR) 3:00 Afternoon Poetry (DR) <b>4:00 Accordion Hour w/ Helen</b> (CLR) 6:30 Classic Ballets (LR)	9:00 News and Mountain Views(HP) 9:30 Haven Choir (AR) 10:30 Kensington Horse Race (AR) 11:00 Board Games and Cards (DR) 11:00 Team Floor Bucketball (AR) 1:30 Afternoon of Classic Theatre(LR) 2:00 Team Building Time (AR) <b>2:30 Range of Motion Exercises</b> <b>3:00 Kensington Sing Along</b> CLR) 4:00 Coupon Clipping Club (DR) 6:30 Great Symphonies of the World
9:00 Current Events ( <i>HP</i> ) <sup>21</sup> <b>9:30 Prayer Service</b> ( <i>PB</i> ) <b>9:45 St. Rita’s Catholic Mass</b> 10:00 Songs of the Spirit ( <i>AR</i> ) 10:30 Fresh Fruit and Hydration ( <i>AR</i> ) <b>10:45 Eucharistic Ministry</b> (PB) 11:00 Balloon Toss ( <i>AR</i> ) 1:30 Nature Exploration Club (AR) 3:00 Haven High Tea Party (DR) <b>4:00 Armando’s 50s Lounge</b> (PB) 6:00 Sunday Movie and Popcorn (LR)	9:00 Morning News Chat (HP) <sup>22</sup> 10:00 SingAlong with ElderSong (AR) 11:00 Bocce Ball Tournament (AR) <b>11:00 Yoga Madre - ChairYoga</b> (CAR) 11:30 Chair Soccer (AR) 1:30 Haven Card Sharks (DR) 2:00 Puzzles and Ponderings (DR) 2:30 Team Trivia Time (AR) <b>3:00 Music Therapy w/ Angela</b> (CLR) 4:00 Poetry on the Patio (HP) 6:00 Evening Classic Theatre (LR)	9:00 Morning Meeting (HP) <sup>23</sup> 9:30 Haven Country Classics (AR) <b>10:30 Genesis Twist n’ Stretch</b> (CAR) <b>10:30 Outing - Memorial Park Picnic</b> 11:00 Parachute Ball Bounce (AR) 1:30 Hand Massage & Manicure (DR) 2:30 Team Building Time (DR) <b>3:00 Range of Motion Exercises</b> <b>3:30 Magical Birthday Night</b> (CLR) 4:00 Haven Herb Harvest (HP) 6:00 Easy Listening Evening Jazz (LR)	9:00 Daily Chronicles (HP) <sup>24</sup> 10:00 ElderSong SingAlong (AR) <b>10:30 Songs by Heart</b> (PB) 11:00 Floor Basketball Game (AR) 11:30 Refresh and Revive (AR) 1:30 After Lunch Matinee (LR) 1:30 Hand Massage & Manicure (DR) 2:00 Care package Crocheting (AR) <b>3:00 Francesca’s Opera Theatre</b> (PB) 4:00 Puzzles and Ponderings (DR) <b>6:30 Sing Along with Angela</b> (CLR)	9:00 Current Events(HP) <sup>25</sup> 10:00 50's Favorites SingAlong(AR) <b>10:30 Genesis Twist N’ Stretch</b> (CAR) 11:00 Frisbee Golf (AR) 11:00 Haven Reading Club (DR) 1:30 Team Trivia Time (DR) 2:00 Afternoon Arts and Artists (DR) 2:30 Sweets and Treats Baking (HD) <b>3:00 Heavenly Harp with Andra</b> CAR) 4:00 Puzzles and Ponderings (DR) <b>6:30 Family Night—Bing Bash</b> (ART)	9:00 Morning Meeting (HP) <sup>26</sup> 9:30 Singing in the Morning Sun(AR) 10:30 Artist Spotlight (LR) 11:00 Balloon Baseball (AR) 11:00 Refresh and Revive (AR) 1:30 Afternoon Musical Matinee (LR) 2:00 Puzzles and Ponderings (DR) 2:30 Haven Reading Group (DR) 3:00 Afternoon Poetry (DR) <b>4:00 Accordion Hour w/ Helen</b> (CLR) 6:30 Classic Ballets (LR)	9:00 News and Mountain Views(HP) 9:30 Haven Choir (AR) 10:30 Kensington Horse Race (AR) 11:00 Board Games and Cards (DR) 11:00 Team Floor Bucketball (AR) 1:30 Afternoon of Classic Theatre(LR) 2:00 Team Building Time (AR) <b>2:30 Range of Motion Exercises</b> <b>3:00 Kensington Sing Along</b> CLR) 4:00 Coupon Clipping Club (DR) 6:30 Great Symphonies of the World
9:00 Current Events ( <i>HP</i> ) <sup>28</sup> <b>9:30 Prayer Service</b> ( <i>PB</i> ) <b>9:45 St. Rita’s Catholic Mass</b> 10:00 Songs of the Spirit ( <i>AR</i> ) 10:30 Fresh Fruit and Hydration ( <i>AR</i> ) <b>10:45 Eucharistic Ministry</b> (PB) 11:00 Balloon Toss ( <i>AR</i> ) 1:30 Nature Exploration Club (LR) 3:00 Haven High Tea Party (DR) <b>4:00 Armando’s 50s Lounge</b> (PB) 6:00 Sunday Movie and Popcorn (LR)	9:00 Morning News Chat (HP) <sup>29</sup> 10:00 SingAlong with ElderSong (AR) 11:00 Bocce Ball Tournament (AR) <b>11:00 Yoga Madre - ChairYoga</b> (CAR) 11:30 Chair Soccer (AR) 1:30 Haven Card Sharks (DR) 2:00 Puzzles and Ponderings (DR) 2:30 Team Trivia Time (AR) <b>3:00 Music Therapy w/ Angela</b> (CLR) 4:00 Poetry on the Patio (HP) 6:00 Evening Classic Theatre (LR)	9:00 Morning Meeting (HP) <sup>30</sup> 9:30 Haven Country Classics (AR) <b>10:30 Genesis Twist n’ Stretch</b> (CAR) <b>10:30 Outing - Scenic Drive</b> 11:00 Parachute Ball Bounce (AR) 1:30 Hand Massage & Manicure (DR) 2:30 Team Building Time (DR) <b>3:00 Range of Motion Exercises</b> <b>3:30 Melodic Strings with Jon</b> (CLR) 4:00 Haven Herb Harvest (HP) 6:00 Easy Listening Evening Jazz (LR)	9:00 Daily Chronicles (HP) <sup>31</sup> 10:00 ElderSong SingAlong (AR) <b>10:30 Songs by Heart</b> (PB) 11:00 Floor Basketball Game (AR) 11:30 Refresh and Revive (AR) 1:30 After Lunch Matinee (LR) 1:30 Hand Massage & Manicure (DR) 2:00 Care package Crocheting (AR) <b>3:00 Francesca’s Opera Theatre</b> (PB) 4:00 Puzzles and Ponderings (DR) <b>6:30 Sing Along with Angela</b> (CLR)	<div>“And now let us welcome the new year, full of things that never were.”</div> <div>—Rainer Maria Rilke</div>		