



SUN		MON		TUE		WED		THUR		FRI		SAT	
Museum Visits		August 24											
Renwick Gallery: August 10th													
National Gallery of Art, East Building: August 16th		Lunch Outing to La Côte D'Or											
9:30 Morning walk 9:30 Mass or Church Services Shuttle (Concierge Desk) 11:00 Weekly Champagne Brunch (DR) 1:30 Board & Card Games (CAF) 2:00 Nails & Hand Massage (CAF) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 4:00 Happy Hour Cocktails & Music with The Piano Man (CAF) 6:45 Evening Film: Resident Choice (C)		9:30 Morning walk 10:00 Exercise Club w/ Genesis (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 Board & Card Games (CAF) 1:30 MONDAY DMV AT AMERICAN LEGION & Shoppers Shuttle (Concierge Desk) 2:00 Matinee: Travel Documentary (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Bill (CAF) 6:45 Evening Film: Romantic Comedy (C)		9:30 Morning Walk 10:00 Exercise (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 Book Club (L) 1:30 Board & Card Games (CAF) 2:00 Matinee: Activities' Choice (C) 2:30 Knitting Club (CAF) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Katie (CAF) 6:45 Evening Film: Classic (C)		9:30 Weekly Pruning of Plants & Flowers (Piazza) 9:30 Morning Walk 10:00 Tai Chi with Lindsay (C) 10:30 Staying Sharp (C) 10:30 Summer Breeze Concert Series: Broadway (Concierge) 11:00 Today's News (L) 11:15 Interesting News in SCIENCE w/ Dr. Earley (C) 11:30 Bridge at The Broadway (Broadway Library) 1:30 Board & Card Games (CAF) 2:00 Matinee: Family Classic TV Show (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Bob Clark (CAF) 6:45 Evening Film: Drama (C)		9:30 Morning Walk 10:00 Chair Yoga w/ Gale on AL (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 Renwick Gallery "Highlights" Tour (Concierge) 1:30 French Club (CAF) 1:30 Board & Card Games (CAF) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 2:30 Paint & Relax (CAF) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Bill (CAF) 6:45 Evening Film: Resident Choice (C)		9:30 Morning Walk 9:30 Catholic Rosary with Katie (L) 10:30 Energized Fitness for Parkinsons (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:30 Take-Out Day (CAF & Piazza) 1:30 Board & Card Games (CAF) 2:00 Matinee: Travel Documentary (C) 2:00 Nails & Hand Massage (CAF) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Dave the Accordion Man (CAF) 6:45 Evening Film: Comedy (C)		9:30 Morning Walk 10:00 Body & Mind Exercise w/Linda (C) 11:00 Falls Church Farmer's Market followed by Scenic Drive (Concierge) 1:30 Board & Card Games (CAF) 2:00 Matinee: Romance (C) 2:00 Fundraiser for Washington Children's Shelter -- Buy a Rabbit! (Cafe) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 3:30 Saturday Sundaes & Root Beer Floats (CAF) 4:00 Happy Hour Cocktails & Live Music (CAF) 6:45 Evening Film: Classic (C)	
9:30 Morning walk 9:30 Mass or Church Services Shuttle (Concierge Desk) 11:00 Weekly Champagne Brunch (DR) 1:30 Board & Card Games (CAF) 2:00 Nails & Hand Massage (CAF) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 4:00 Happy Hour Cocktails & Live Music (CAF) 6:45 Evening Film: Resident Choice (C)		9:30 Morning walk 10:00 Exercise Club w/ Genesis (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 Health Lecture with Genesis (C) 1:30 Board & Card Games (CAF) 1:30 Monday Shoppers Shuttle (Concierge Desk) 2:00 Matinee: Travel Documentary (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Suzuki Violin Students (CAF) 6:45 Evening Film: Romantic Comedy (C)		DOUG K. BIRTHDAY 9:30 Morning Walk 10:00 Exercise (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 Natalie's Coffee Making & Tasting Seminar (C) 1:30 Board & Card Games (CAF) 2:00 Matinee: Activities' Choice (C) 2:30 Knitting Club (CAF) 2:30 Ladies Tea (CAF) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Katie (CAF) 6:45 Evening Film: Classic (C)		9:00 Men's Round Table Breakfast Club with Tahar (DR) 9:30 Weekly Pruning of Plants & Flowers (Piazza) 9:30 Morning Walk 10:00 Tai Chi with Lindsay (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:30 Bridge at The Broadway (Broadway Library) 12:30 National Gallery of Art East Building Tour 1:30 Board & Card Games (CAF) 2:00 Matinee: Family Classic TV Show (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Ernie Tolley (CAF) 6:45 Evening Film: Drama (C)		9:30 Morning Walk 10:00 Chair Yoga w/ Gale on AL (C) 10:30 Couch Potato with Adele: GREECE (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:30 BI-MONTHLY RESIDENT/DIRECTOR LUNCH (DR) 1:30 French Club (CAF) 1:30 Board & Card Games (CAF) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 2:30 Paint & Relax (CAF) 3:00 Aphrodite's Music History Lecture Series (Concierge) 4:00 Happy Hour Cocktails & Music (CAF) 6:45 Evening Film: Resident Choice (C)		9:30 Morning Walk 9:30 Catholic Rosary with Katie (L) 10:30 Energized Fitness for Parkinsons (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 Trivia & Brain Teasers (L) 1:30 Board & Card Games (CAF) 2:00 Matinee: Travel Documentary (C) 2:00 Nails & Hand Massage (CAF) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Nashville Standard (CAF) 6:45 Evening Film: Comedy (C)		National Aviation Day 9:30 Morning Walk 10:00 Body & Mind Exercise w/Linda (C) 11:00 VOLUNTEER ORIENTATION (C) 11:00 Falls Church Farmer's Market followed by Scenic Drive (Concierge) 1:30 Board & Card Games (CAF) 2:00 Matinee: Romance (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 3:30 Saturday Sundaes & Root Beer Floats (CAF) 4:00 Happy Hour Cocktails & Live Music (CAF) 6:45 Evening Film: Classic (C) 7:30 Creative Cauldron Performance "Sedaka" with Jim Van Slyke (Creative Cauldron)	
SHIRLEY E. BIRTHDAY 9:30 Morning walk 9:30 Mass or Church Services Shuttle (Concierge Desk) 11:00 Weekly Champagne Brunch (DR) 1:30 Board & Card Games (CAF) 2:00 Nails & Hand Massage (CAF) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 4:00 Happy Hour Cocktails & Live Music (CAF) 6:45 Evening Film: Resident Choice (C)		Senior Citizens Day 9:30 Morning walk 10:00 Exercise Club w/ Genesis (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 Board & Card Games (CAF) 1:30 Monday Shoppers Shuttle (Concierge Desk) 2:00 Matinee: Travel Documentary (C) 2:30 Trivia & Brain Teasers (L) 2:30 Computer Club (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Bill (CAF) 6:45 Evening Film: Romantic Comedy (C)		9:30 Morning Walk 10:00 Exercise (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 NEW RESIDENT ORIENTATION (C) 1:30 Board & Card Games (CAF) 2:00 Matinee: Activities' Choice (C) 2:30 Knitting Club (CAF) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Katie (CAF) 6:45 Evening Film: Classic (C)		9:30 Weekly Pruning of Plants & Flowers (Piazza) 9:30 Morning Walk 9:30 Wednesday Morning Movie Outing (Concierge) 10:00 Tai Chi with Lindsay (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:30 Bridge at The Broadway (Broadway Library) 1:30 Floral & Garden Design Club (CAF) 1:30 Board & Card Games (CAF) 2:00 Matinee: Family Classic TV Show (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 3:00 Culinary Club with Chef (CAF) 4:00 Executive Director Reception & Music with Dave the Accordion Man (Café & Piano Lounge) 6:45 Evening Film: Drama (C)		9:30 Morning Walk 10:00 Chair Yoga w/ Gale on AL (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:30 Lunch Outing: La Cote D'Or (Concierge) 1:30 French Club (CAF) 1:30 Board & Card Games (CAF) 2:00 MONTHLY RESIDENT COUNCIL MEETING (C) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 2:30 Paint & Relax (CAF) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Bill (CAF) 6:45 Evening Film: Resident Choice (C)		9:30 Morning Walk 9:30 Catholic Rosary with Katie (L) 10:30 Energized Fitness for Parkinsons (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 Trivia & Brain Teasers (L) 1:30 Board & Card Games (CAF) 2:00 Matinee: Travel Documentary (C) 2:00 Nails & Hand Massage (CAF) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Live Music (CAF) 6:45 Evening Film: Comedy (C)		Women's Equality Day 9:30 Morning Walk 10:00 Body & Mind Exercise w/Linda (C) 11:00 Falls Church Farmer's Market followed by Scenic Drive (Concierge) 1:30 Board & Card Games (CAF) 2:00 Matinee: Romance (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 3:30 Saturday Sundaes & Root Beer Floats (CAF) 6:45 Evening Film: Classic (C) 7:30 Creative Cauldron Performance "Life: As I Sing It" with Clifton Walker (Creative Cauldron)	
9:30 Morning walk 9:30 Mass or Church Services Shuttle (Concierge Desk) 11:00 Weekly Champagne Brunch (DR) 1:30 Board & Card Games (CAF) 2:00 Nails & Hand Massage (CAF) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 4:00 Happy Hour Cocktails & Live Music (CAF) 6:45 Evening Film: Resident Choice (C)		9:30 Morning walk 10:00 Exercise Club w/ Genesis (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 Health Lecture with Genesis (C) 1:30 Board & Card Games (CAF) 1:30 Monday Shoppers Shuttle (Concierge Desk) 2:00 Matinee: Travel Documentary (C) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Bill (CAF) 6:45 Evening Film: Romantic Comedy (C)		9:30 Morning Walk 10:00 Exercise (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 Board & Card Games (CAF) 2:00 Matinee: Activities' Choice (C) 2:30 Knitting Club (CAF) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music with Bob Clark (CAF) 6:45 Evening Film: Classic (C)		9:30 Weekly Pruning of Plants & Flowers (Piazza) 9:30 Morning Walk 10:00 Tai Chi with Lindsay (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 11:00 Dedication of Veteran's Wall by Congressman Don Beyer followed by Luncheon Honoring Veterans (Main Hallway Second Floor) 11:30 Bridge at The Broadway (Broadway Library) 12:30 Luncheon Honoring Kensington Veterans (Main Dining Room) 1:30 Board & Card Games (CAF) 2:00 Matinee: Family Classic TV Show (C) 2:00 Ballgame at Nationals Park (Concierge) 2:30 Trivia & Brain Teasers (L) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour Cocktails & Music (CAF) 6:45 Evening Film: Drama (C)		9:30 Morning Walk 10:00 Chair Yoga w/ Gale on AL (C) 10:30 Staying Sharp (C) 11:00 Today's News (L) 1:30 French Club (CAF) 1:30 Board & Card Games (CAF) 2:00 Matinee: Science Documentary (C) 2:30 Trivia & Brain Teasers (L) 2:30 Paint & Relax (CAF) 3:00 Afternoon Walk (Concierge) 4:00 Happy Hour AUGUST BIRTHDAY CELEBRATION & Music with Bill (CAF) 6:45 Evening Film: Resident Choice (C)		ROOM KEY CAF - Café C - Cinema DR - Dining Room L - Library		August 30  Take Me Out to the Ballgame!	

August 2017
Assisted Living Calendar
Please see DAILY SCHEDULE for any updates!

