

Assisted Living Highlights

August 2018

8/14 11:00 am - Residents Council General Meeting

SPECIAL EVENTS

8/16 - Thursday - The Kensington Hawaiian Luau 3:30-5pm

8/16 - Thursday - Adventures with Doug 11-12pm, Cinema (Cinema)

8/22 - Wednesday - Health Pro Rehabilitation Open House 3-6pm

8/28 - Tuesday - 50's SOCK HOP Birthday Night, 3:30-5pm (Piano Bar)

CLASSES

Mondays and Fridays - 9:45 am - Balance Yoga with Mya in the Art Gallery

Mondays- 2:00 pm - Crochet, Knitting Club and Pillow Making Class in the Art Studio

Mondays and Wednesdays- 3:00 pm-Learn Spanish with Cris in the Art Studio

Monday (2nd week) - 2:00 pm - Arts & Crafts with Arlene in the Art Studio

Tuesdays and Thursdays - 11:15 am - Brain Fitness Program with Garry in the Art Gallery

Tuesdays (7th & 21st) - 2:15 pm - Jewelry Making with Macarena in the Art Studio

Tuesdays (7th, 14th, & 21st) - 3:00 pm - Self Expressions Painting with Jenny or Cris

Thursdays (2nd, & 30th) - 2:30 pm - Learning Filipino with Jenny in the Bistro Café

Thursday - 8/21 - 2:30 pm - Cooking with Jenny in the Art Studio

Thursday- 2:30 pm - Baking with Cris in the Art Studio

Thursday - 8/16 - Directors Lunch with Kensington Residents in the Dining Room

Sunday 8/12 - 2:00 pm - Blocking Painting with Lorene in the Art Studio

Thursday 8/9 -2:00 pm - Discovery Series by Health Pro Rehabilitation

OUTINGS

8/1 - The Broad Museum in Los Angeles at 11:00 am

8/8 - Lunch/Game at Brookdale in Monrovia at 11:00 am

8/15 - AMFH Bowling Square Lanes in Arcadia at 11:00 am

8/22 - Flappy Jacks Restaurant in Glendora at 11:00 am

8/29 - Whale Watching at Newport Beach at 10:30am