

# Assisted Living Highlights

## September 2018

9/18 11:00 am - Residents Council General Meeting

### SPECIAL EVENTS

9/6 - Thursday - Herb Dockham and Pete Morris Art Exhibit from 6-7:30pm

9/8 - Saturday - Kensington Family Picnic from 11:30-1:30pm

9/20 - Thursday - Adventures with Doug 11-12pm, Cinema (Cinema)

9/25 - Tuesday - Presentation/History on Women's Fashion Birthday Night, 3:30-5pm (Piano Bar)

### CLASSES

Mondays and Fridays - 9:45 am - Balance Yoga with Mya in the Art Gallery

Mondays- 2:00 pm - Crochet and Knitting Club Class with Cris in the Art Studio

Mondays and Wednesdays- 3:00 pm-Learn Spanish with Cris in the Art Studio

Monday (2nd week) - 2:00 pm - Arts & Crafts with Arlene in the Art Studio

Tuesdays and Thursdays - 11:15 am - Brain Fitness Program with Garry in the Art Gallery

Tuesdays (4th & 18th) - 2:15 pm - Jewelry Making with Macarena in the Art Studio

Tuesdays (4th, 11th, & 18th) - 3:00 pm - Self Expressions Painting with Jenny or Cris

Thursdays - 2:30 pm - Learning Filipino with Jenny in the Bistro Café

Tuesday - 2:30pm Fruit decorating with Jenny in the Art Studio

Thursday- 2:00 pm - Baking with Cris in the Art Studio

Thursday - 9/20 - Directors Lunch with Kensington Residents in the Dining Room

Sunday 9/9 - 2:00 pm - Art Class with Angeli in the Art Studio

Thursday 9/13 -2:00 pm - Discovery Series by Health Pro Rehabilitation

### OUTINGS

9/5 - Fosselman's Ice Cream Parlor in Alhambra at 1:00 pm

9/11 - Mrs. Knott's Chicken Restaurant and Chocolate Chair t 10:00 am

9/12 - Santa Anita Mall and Lunch 10:00 am

9/19 - Music Concert in Pasadena - Pianist at 11:00 am

9/26 - Music Concert #2 in Pasadena - Singer and Pianist at 11:00 am