THE KENSINGTON
An Assisted Living Residence
SIERRA MADRE

September 2018

The Kensington Sierra Madre
245 Sierra Madre Blvd
Sierra Madre, CA
(626) 355-5700

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This is a projected calendar for the month of September 2018, for more detailed scheduling please refer to the Daily Activity sheet. If you have any further questions or comments please contact Cris Quesada Living Life Enrichment Coordinator.	*Happy Birthday* September 11th - Clara D. September 15th - Edith G. September 17th - Henry M. September 25th - Mary G. September 28th - Bette M. September 28th - Angela S. September 30th -Helen C.	"One benefit of summer was that each day we had more light to read by." -Jeannette Walls				**1** 9:30 Morning Walk 10:00 Daily Chronicle (Art Studio) 10:30 Moments2Connect (Bistro Café) 11:30 Puzzle Time (Bistro Café) 1:30 Movie Matinee (Comedy) 2:30 Brain Games (Bistro Café) 3:00 Black Jack (Bistro Café) 4:00 Music with Gil 6:45 Evening Movie (Resident's Choice)
2 9:30 Daily Chronicles (Bistro Café) 9:45 Prayer Service in the Cinema 10:30 Black Jack (Bistro Café) 11:00 Morning Walk 11:30 Eucharist Service (2nd Floor Lounge) 1:30 Movie Matinee (Action Movie) 2:30 Trivia Questions & Answers (Bistro Café) 3:00 UNO Game (Bistro Café) 4:00 Music with Judy and Patrick 6:45 Evening Movie (Classic Movie)	**3** HAPPY LABOR DAY 9:30 Walking Club 9:45 Chair Yoga with Mya (Art Gallery) 10:30 Chocolate Bingo & Trivia (Art Studio) 11:30 7-Up (Bistro Café) 1:30 Movie Matinee (Comedy) 2:00 Crochet and Knitting Club (Art Studio) 3:00 Learn Spanish with Cris (Art Studio) 4:00 Music String with Lois 6:45 Evening Night (Classic Comedy) 7:00 Bingo (Bistro Café) or Evening Walk	**4** 9:15 Walking Club 10:00 Bingo & Trivia (Art Studio) 11:15 Brain Fitness Exercise (Art Gallery) 1:30 Movie Matinee (Resident's Choice) 2:00 Card Games (Bistro Café) 2:15 Jewelry making with Macarena 3:00 Self-Expression Painting (Art Studio) 4:00 Cocktail Music with Gil 6:45 Evening Movie (Drama)	**5** 9:30 What's on the News Today! (Bistro Café) 10:00 Pamper Me Pretty (Art Studio) 10:30 Songs By Heart (Piano Bar) 11:30 Brain Quest (Bistro Café) 1:00 Outing: FOSSELMAN ICE CREAM PARLOR 1:30 Movie Matinee (Documentary) 2:00 Ladies' Afternoon Tea (No. Courtyard) 3:00 Learn Spanish with Cris (Art Studio) 3:00 Memory Match Game (Bistro Café) 4:00 Cocktail Music with Francesca 6:45 Movie Night (Adventure) 7:00 Bingo (Bistro Café) or Evening Walk	**6** 9:30 Exploration Walk 9:30 Daily Chronicle (Bistro Café) 10:00 Bingo & Trivia (Art Studio) 11:15 Brain Fitness Exercise (Art Gallery) 1:30 Movie Matinee Library (Classic Comedy) 2:00 Brain Games 2:30 Learning Tagalog with Jenny (Filipino) (Bistro Café) 3:00 Golf Putting (No. Courtyard) 3:00 Lecture & Discussion with Cris (Art Studio) 4:00 Cocktail Music with Thea 6:45 Evening Night (Classic Movie)	**7** 9:30 Daily Chronicles (Bistro Café) 9:45 Chair Yoga with Mya (Art Gallery) 10:30 Bingo & Trivia (Art Studio) 11:30 Card Games (Bistro Café) 1:30 Movie Matinee (Family Favorites) 2:00 Jenga (Bistro Café) 3:00 Table Games (Bistro Café) 4:00 Music with Marianne 6:45 Evening Movie (Western) 7:00 Bingo (Bistro Café) or Evening Walk	**8** 9:30 Morning Walk 10:00 Brain Games (Bistro Cafe) 11:00 Puzzle Time (Bistro Café) 11:30- 1:30pm Family Picnic at the Hart Park  1:30 Movie Matinee (Comedy) 2:30 Finish The Phrase (Bistro Café) 3:00 Afternoon Stroll 4:00 Lounge Music with Matt P. 6:45 Evening Movie (Resident's Choice)
9 HAPPY GRANDPARENTS DAY 9:30 Morning Walk 9:45 Prayer Service in the Cinema 10:30 Grandparents Day Trivia (Bistro Café) 11:00 Daily Chronicle (Bistro Café) 11:30 Eucharist Service (2nd Floor Lounge) 1:30 Movie Matinee (Resident's Choice) 2:00 Art Class with Angeli (Art Studio) 3:00 Domino Game (Bistro Cafe) 4:00 Music with Judy and Patrick 6:45 Movie Night (Resident's Choice)	**10** 9:30 Walking Club 9:45 Chair Yoga with Mya (Art Gallery) 10:30 Bingo (Art Studio) 11:30 Domino Game (Bistro Café) 1:30 Movie Matinee (Comedy) 2:00 Crafts with Arlene (Art Studio) 2:15 Crochet and Knitting Club (Art Studio) 3:00 Learn Spanish with Cris (Art Studio) 4:00 Music String with Lois 6:45 Evening Night (Classic Drama) 7:00 Bingo (Bistro Café) or Evening Walk	**11** 9:15 Walking Club 10:00 Outing: MRS. KNOTTS CHICKEN DINNER RESTAURANT AND CHOCOLATE CHAIR 10:15 Video Fitness Exercise with Cris (Art Gallery) 11:00 What's on the News (Library Studio) 1:30 Movie Matinee (Resident's Choice) 2:00 Brain Games (Bistro Café) 2:30 Table Games (Art Studio) 3:00 Self -Expression Painting (Art Studio) 4:00 Cocktail Music with Matt P. 6:45 Evening Movie (Drama)	**12** 9:00 Pamper Me Pretty (Art Studio) 10:00 Outing : SANTA ANITA MALL & LUNCH 10:30 Songs By Heart (Piano Bar) 11:30 Domino Game (Bistro Café) 1:30 Movie Matinee Library (Documentary) 2:00 Volley Balloon (Cinema) 3:00 Table Games (Bistro Café) 3:00 Learn Spanish with Cris (Art Studio) 4:00 Cocktail Music with Francesca 6:45 Evening Movie (Romantic) 7:00 Bingo (Bistro Café) or Evening Walk	**13** 9:30 Stroll in the Park 9:30 Daily Chronicle (Bistro Café) 10:00 Bingo & Trivia (Art Studio) 11:00 Brain Games (Bistro Café) 11:15 Brain Fitness Exercise (Art Gallery) 1:30 Movie Matinee (Classic Comedy) 2:00 Discovery Series by Health Pro Rehab. (Cinema) 2:00 Baking with Cris (Art Studio) 2:30 Learning Tagalog with Jenny (Filipino) (Bistro Café) 3:00 Card Game (Art Studio) 3:00 Memory Match Game with Cris (Art Studio) 4:00 Cocktail Music with Ross 6:45 Evening Movie (Classic)	**14** 9:30 Daily Chronicle (Bistro Café) 9:45 Chair Yoga with Mya (Art Gallery) 10:30 Bingo & Trivia (Art Studio) 11:30 7-Up (Bistro Café) 1:30 Movie Matinee (Family Movies) 2:00 Ladder Ball (Art Studio) 3:00 Brain Games (Bistro Café) 4:00 Music with Marianne 6:45 Evening Movie (Western) 7:00 Bingo (Bistro Café) or Evening Walk	**15** 9:30 Morning Walk 10:00 Moment2Connect (Bistro Cafe) 11:00 Puzzle Time (Bistro Café) 1:30 Movie Matinee (Comedy) 2:30 Afternoon Stroll 3:00 Black Jack (Bistro Café) 4:00 Music with Ross 6:45 Evening Movie (Resident's Choice)
16 9:30 Daily Chronicle (Bistro Café) 9:45 Prayer Service in the Cinema 10:30 Black Jack (Bistro Café) 11:00 Morning Walk 11:30 Eucharist Service (2nd Floor Lounge) 1:30 Movie Matinee (Comedy Movie) 2:30 Trivia Questions & Answers (Bistro Café) 3:00 UNO Game (Bistro Café) 4:00 Music with Judy and Patrick 6:45 Move Night (Classic Movie)	**17** 9:30 Walking Club 9:45 Chair Yoga with Mya (Art Gallery) 10:30 Chocolate Bingo & Trivia (Art Studio) 11:30 7-Up (Bistro Café) 1:30 Movie Matinee (Comedy) 2:00 Crochet and Knitting Club (Art Studio) 3:00 Learn Spanish with Cris (Art Studio) 4:00 Music String with Lois 6:45 Evening Movie (Classic Comedy) 7:00 Bingo (Bistro Café) or Evening Walk	**18** 9:15 Walking Club 10:00 General Council Meeting 11:15 Brain Fitness Exercise (Art Gallery) 1:30 Movie Matinee (Resident's Choice) 2:00 Card Games (Bistro Café) 2:15 Jewelry making with Macarena (Art Studio) 2:30 Fruit decorating with Jenny (Art Studio) 3:00 Self-Expression Painting (Art Studio) 4:00 Cocktail Music with Matt P. 6:45 Evening Movie (Drama)	**19** 9:30 What's on the News Today? (Bistro Café) 10:00 Pamper Me Pretty (Art Studio) 10:30 Songs By Heart (Piano Bar) 11:00 Outing: MUSIC CONCERT IN PASADENA 11:30 Brain Quest (Bistro Café) 1:30 Movie Matinee (Documentary) Cinema 2:00 Ladies Afternoon Tea (No. Courtyard) 3:00 Memory Match Game (Bistro Cafe) 3:00 Learn Spanish with Cris (Art Studio) 4:00 Cocktail Music with Francesca 6:45 Movie Night (Adventure) 7:00 Bingo (Bistro Café) or Evening Walk	**20** 9:30 Exploration Walk 9:30 Daily Chronicle (Bistro Café) 9:45 Bingo & Trivia (Art Studio) 10:15 Video Fitness Exercise with Cris (Cinema) 11:00 Adventures with Doug 12:00 DIRECTORS LUNCH 1:30 Movie Matinee (Classic Comedy) 2:00 Learning Tagalog with Jenny (Filipino) (Bistro Café) 2:30 Baking with Cris (Art Studio) 3:00 Golf Putting (No. Courtyard) 3:00 Lecture & Discussion (Art Studio) 4:00 Cocktail Music with Thea 6:45 Evening Night (Classic)	**21** 9:30 Daily Chronicles (Bistro Café) 9:45 Chair Yoga with Mya (Art Gallery) 10:30 Bingo & Trivia (Art Studio) 11:30 Puzzle Time (Bistro Café) 1:30 Movie Matinee (Family Favorites) 2:00 Jenga (So. Courtyard) 3:00 Table Games (Bistro Café) 4:00 Music with Marianne 6:45 Evening Movie (Western) 7:00 Bingo (Bistro Café) or Evening Walk	**22** 9:30 Morning Walk 10:00 Daily Chronicle (Library) 11:00 Finished the Phrase (Bistro Cafe) 11:30 7-Up (Bistro Café) 1:30 Movie Matinee (Comedy) 2:30 Finish The Phrase (Bistro Café) 3:00 Afternoon Stroll 4:00 Acoustic Music with Roberto 6:45 Evening Movie (Resident's Choice)
23/30 9:30 Morning Walk 9:45 Prayer Service in the Cinema 10:30 Trivia Questions & Answers (Bistro Café) 11:00 Daily Chronicle (Bistro Cafe) 11:30 Eucharist Service (2nd Floor Lounge) 1:30 Move Matinee (Action/Adventure Movie) 2:30 Brain Game (Bistro Cafe) 3:00 Domino Game (Bistro Café) 4:00 Music with Judy and Patrick/Matt M. 6:45 Evening Movie (Classic Movie)	**24** 9:30 Walking Club 9:45 Chair Yoga with Mya (Art Gallery) 10:30 Bingo (Art Studio) 11:30 Domino Game (Bistro Café) 1:30 Movie Matinee (Action) 2:00 Crochet and Knitting Club (Art Studio) 3:00 Learn Spanish with Cris (Art Studio) 4:00 Music String with Lois 6:45 Evening Movie (Classic Comedy) 7:00 Bingo (Bistro Café) or Evening Walk	**25** 9:15 Walking Club 10:00 Bingo & Trivia (Art Studio) 11:15 Brain Fitness Exercise (Art Gallery) 1:30 Movie Matinee (Resident's Choice) 2:00 Table Games (Bistro Café) 2:30 Puzzle Time (Library) 3:30 HISTORY ON WOMENS' FASHION BIRTHDAY NIGHT  6:45 Movie Night (Documentary)	**26** 9:30 Daily Chronicle (Bistro Café) 10:00 Pamper Me Pretty (Art Studio) 10:30 Songs By Heart (Piano Bar) 11:00 Outing: MUSIC CONCERT #2 IN PASADENA 11:30 Connect Four Game (Bistro Café) 1:30 Movie Matinee (Documentary) 2:00 Volley Balloon (Art Gallery) 3:00 Learn Spanish with Cris (Art Studio) 3:00 Table Games (Bistro Café) 4:00 Cocktail Music with Francesca 6:45 Evening Movie (Romantic) 7:00 Bingo (Bistro Café) or Evening Walk	**27** 9:30 Stroll in the Park 9:30 Daily Chronicle (Bistro Café) 10:15 Auction (Cinema) 11:15 Brain Fitness Exercise (Cinema) 1:30 Movie Matinee (Classic Comedy) 2:00 Brain Games (Bistro Café) 2:30 Learning Tagalog with Jenny (Filipino) (Bistro Café) 3:00 Card Game (Bistro Café) 3:00 Memory Match Game with Cris (Art Studio) 4:00 Cocktail Music with Ross 6:45 Evening Movie (Classic)	**28** 9:30 Daily Chronicle (Bistro Café) 9:45 Chair Yoga with Mya (Art Gallery) 10:30 Bingo & Trivia (Art Studio) 11:30 7-Up (Bistro Café) 1:30 Movie Matinee (Family Movies) 2:00 Ladder Ball (Art Studio) 2:30 Brain Games (Bistro Café) 4:00 Music with Evelyn 6:45 Evening Movie (Western) 7:00 Bingo (Bistro Café) or Evening Walk	**29** 9:30 Morning Walk 10:00 Daily Chronicle (Art Studio) 10:30 Momments2Connect (Bistro Café) 11:30 Puzzle Time (Bistro Café) 1:30 Movie Matinee (Comedy) 2:30 Brain Games (Bistro Café) 3:00 Black Jack (Bistro Café) 4:00 Music with Gil 6:45 Evening Movie (Resident's Choice)

RCFE# 198601953